

# CAPE TOWN CULINARY TOURS

## **Cape Town Culinary Tours Pty LTD**

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Local or tourist, young or matured fine wine, there is always time to explore and experience new places and activities. We know that everyone has to eat, so why not join a foodie experience and add the best flavour to your Cape Town Memories.

With every culture in South Africa and Cape Town, there comes a unique flavour and story, as we walk throughout the city we connect through food as we meet the passionate people within our tourism and service industry.

We want your guests to come eat, drink and explore as we introduce them to the city's culinary culture like never before.

Cape Town Culinary Tours team.



## 1) The Essentials tour:

### Public tour rates:

- R 1785 pp including VAT - 2023 - 29<sup>th</sup> Feb 2024
- R 1975 pp including VAT - 1<sup>st</sup> March 2024 – 28<sup>th</sup> Feb 2025
- R 2165 pp including VAT - 1<sup>st</sup> March 2025 – 28<sup>th</sup> Feb 2026

### -Agents will receive their agreed commission

- Payment is required 30 days before the tour date unless otherwise agreed with the agent
- For online bookings there is a R50 booking fee

### Private tour rates:

- R3450 pp including VAT - 2023 - 29<sup>th</sup> Feb 2024
- R3800 pp including VAT - 1<sup>st</sup> March 2024 – 28<sup>th</sup> Feb 2025
- R3995 pp including VAT - 1<sup>st</sup> March 2025 – 28<sup>th</sup> Feb 2026

### -Agents will receive their agreed commission

- These rates applies to groups max of 6 guests. Private bookings for more/greater than 6 guests please contact the agent for a quote
- Payment is required 30 days before the tour date unless otherwise agreed with the agent
- Custom tours will be quoted accordingly

### Tour booking details:

- Tour start times: 12:00 pm - 04:00 pm  
(Tuesdays, Wednesdays we have a second public tour that starts at 01:00pm – 05:00pm)
- No children tickets, booking is essential for children above the age of 4 year
- Day's available: Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday
- Please confirm dates with our team, tours are subject to availability
- Min 2 guests max 12 guests
- Tour Duration and Area information:  
4 hours spread over 1.5 km

The walk is a 4/5 in difficulty rated by our guests, there are some steps on the tour.

**Description:**

The tour plays off in the amazing Bo Kaap & De Waterkant

**Restaurants, stops, food and drink**

We currently stop at the following restaurants:

- 1- 12pm start at: Bo Kaap Deli: for some local Rooibos tea's with Koesisters – Historical walk through the Bo Kaap.
- 2- Marcos Africa Café: for an African platter of Ostrich medallion, Springbok stew, Samp&Beans with Chakalaka salad, butternut, pap, and more - African beer Umqombothi.
- 3- Cafe Charles: Bobotie and Bubbles. Cape Malay spice and history introduction.
- 4- 4pm end at: Fireman Arms: Craft Beers/Gin, paired with bunny chow & malva pudding with ice cream/custard. Along with the history of the area and the Portuguese landing on our shores.

**NOTE: SUNDAY TOURS: On Sunday the Essentials Tour is hosted in reverse due to restaurants opening later:**

- 1- 12pm start at: Fireman Arms: Craft Beers/Gin, paired with bunny chow & malva pudding with ice cream/custard. Along with the history of the area and the Portuguese landing on our shores.
- 2- Cafe Charles: Bobotie and Bubbles. Cape Malay spice and history introduction.
- 3- Marcos Africa Café: for an African platter of Ostrich medallion, Springbok stew, Samp&Beans with Chakalaka salad, butternut, pap, and more - African beer Umqombothi.
- 4- 4pm end at: Bo Kaap Deli: for some local Rooibos tea's with Koesisters – Historical walk through the Bo Kaap.

These restaurants/menu's are subject to change depending on special date requests, public holidays, vendors having events or vendor closure. We will inform you of this should be the case.

All portions are tasting size but you will be comfortably full after the tour.  
Vegetarian options available.

This tour focuses on a variety of different traditions and food cultures in Cape Town from the Bo-Kaap and De Waterkant. Each stop is also an opportunity to learn about the history of the cultures involved; the food and locations always relate back to important aspects of Capetonian heritage, especially about how the different communities developed together. We touch base on the Indian Ocean Slave Trade and Apartheid and how they both played a vital part in local cuisine as well as in the national consciousness of South African culture.

The Essentials tour is our "first born" :) and the most popular tour at this time. Plays off in the colourful De Waterkant, filled with history, culture but more so what the locals like to enjoy day to day. We stop at Bo Kaap Deli, Marcos African Cafe, Cafe Charles & Fireman's Arms. 4 food and drink pairings.

We stop at Vasco De Gama Trevena in January as Fireman's is closed. The enjoy Espetadas, Malva Pudding, craft beer or gin.

**Inclusions on the tour:**

- Professional tour guide
- History of the area and food
- Meet local chefs and the passionate people behind our tours
- Local food and drink, all food and drink tastings are included
- Detailed email with the tour's information and pictures on it
- CTCT is covered for liability
- Peace of mind to safe and hygienic restaurants

**Exclusion on the tour:**

- Transportation to and from the tours (Transportation can be recommended and assisted with booking)
- Additional food or drink
- Not wheelchair friendly

**Dietary restrictions and dietary requirements**

This tour can accommodate the following:

Vegetarian (not vegan if so it will need to be on request and a private booking), no seafood, no alcohol, no shellfish, no peanuts, no bread

**Weather:**

Rain or shine, depending on the severity of the wind and rain guests will be contacted prior to the tour. If cancellation is imminent arrangements for date exchanges/ refunds will be made available to the guests/agents depending on agreement.



## 2) A Taste of Africa tour:

### Public tour rates:

- R 1785 pp including VAT - 2023 - 29<sup>th</sup> Feb 2024
- R 1975 pp including VAT - 1<sup>st</sup> March 2024 – 28<sup>th</sup> Feb 2025
- R 2165 pp including VAT - 1<sup>st</sup> March 2025 – 28<sup>th</sup> Feb 2026

### -Agents will receive their agreed commission

- Payment is required 30 days before the tour date unless otherwise agreed with the agent
- For online bookings there is a R50 booking fee

### Private tour rates:

- R3450 pp including VAT - 2023 - 29<sup>th</sup> Feb 2024
- R3800 pp including VAT - 1<sup>st</sup> March 2024 – 28<sup>th</sup> Feb 2025
- R3995 pp including VAT - 1<sup>st</sup> March 2025 – 28<sup>th</sup> Feb 2026

### -Agents will receive their agreed commission

- These rates applies to groups max of 6 guests. Private bookings for more/greater than 6 guests please contact the agent for a quote
- Payment is required 30 days before the tour date unless otherwise agreed with the agent
- Custom tours will be quoted accordingly

### Tour booking details:

#### -Tour start times: 02:00 pm - 06:00 pm

- No children tickets, booking is essential for children above the age of 4 year
- Day's available: Tuesday, Wednesday, Thursday, Friday, Saturday
- Please confirm dates with our team, tours are subject to availability
- Min 2 guests max 12 guests
- Tour Duration and Area information: 4 hours spread over 1.5 km. The walk is a 3/5 in difficulty rated by our guests, there are some stairs on the tour

### Description:

This tour play's off in the vibrant CBD City Centre.  
Restaurants, stops, food and drink:

We currently stop at the following restaurants:

- 1- 2pm start at: The Meeting Point restaurant: Tanzanian food & African spice. Vegetable curry, beef stew, pap, coconut rice. History of Cape Town and VOC. Paired with a beer.
- 2- Madam Taitou: Ethiopian trade history, spice and seasonal food platter with. Incredible location to learn more about our African cultures.
- 3- Secret Gin Bar for a local craft gin tasting with some Broëwors and local infused chocolates from the Honest Chocolate Café.
- 4- 6pm end at: Openwine for a 3 way wine tasting of local boutique wines.

These restaurants/menu's are subject to change depending on special date requests, public holidays, vendors having events or vendor closure. We will inform you of this should be the case.

All portions involve traditional communal eating but guests will be comfortably full after the tour.

Includes Tanzanian traditional lunch with drinks, Ethiopian cuisine, local sweet treats from milk tart to Mossboletjies, tea tasting and ends with a wine&koesister or gin tasting. You get to meet the passionate chefs, cooks, waiters that make all this possible in wonderful locations.

This tour focuses on the contributions of Afrikaner dishes, local wine and different African communities in Cape Town's culture and cuisine. By engaging with the food and people we will learn about their heritage and the circumstances that brought them to South Africa. We touch base on the City Centre's history regarding slavery and apartheid as we make our way through the CBD and end off in Wale street close to the Bo-Kaap. You get to meet the passionate chefs, cooks, waiters that make all this possible in wonderful locations.

The Taste of Africa tour is a big "delicious" foodie passion project for our team. An African and South African inspired tour filled with the city centre's vibrant history, culture and amazing hidden foodie gems. We visit the Meeting Point, Madam Taitou, Honest Chocolate Café, Secret Gin Bar & Openwine.

**Inclusions on the tour:**

- Professional tour guide
- History of the area and food
- Meet local chefs and the passionate people behind our tours
- Local food and drink, all food and drink tastings are included
- Detailed email with your information and pictures on it
- CTCT is covered for liability
- Peace of mind to safe and hygienic restaurants

**Exclusion on the tour:**

- Transportation to and from the tours (Transportation can be recommended and assisted with booking)
- Additional food or drink
- Not wheelchair friendly

**Dietary restrictions and dietary requirements**

This tour can accommodate the following:

- Vegetarian (not vegan if so it will need to be on request and a private booking), no seafood, no alcohol, no shellfish, no peanuts, no bread.

**Weather:**

Rain or shine, depending on the severity of the wind and rain guests will be contacted prior to the tour. If cancellation is imminent arrangements for date exchanges/ refunds will be made available to the guests/agents depending on agreement.

**Terms & Conditions**

Please carefully review the following terms and conditions. By purchasing tickets, or participating in our experiences, you are expressly agreeing to the following terms.

All Terms and Conditions apply without exclusion, once you have purchased the ticket(s) for yourself and/or your companions (herein referred to as you), for any tour or service provided by Cape Town Culinary Tours Pty Ltd and our tour guides (herein referred to as Company, we, us, and our.) The Tour referred to herein is for physical tours, the duration between when our tour guide commences and concludes the Tour with you and/or your companions, for which you have booked a ticket(s).

**Food and Beverage Consumption**



- Pork and alcohol will be included on the Tours. Please be sure to advise your guide at the start of your tour should you have any food aversions.
- We play no role in procuring ingredients or preparing the food/beverages served. Hence, we are unable to take any responsibility for any sickness, illness or injury caused to you or your companions as a result of visiting these establishments or consuming their food and beverages within.
- For any experiences which involve procuring ingredients from the market and cooking them for a meal, the guest agrees to take FULL and UNCONDITIONAL liability of the foods consumed and will not hold us or any of our third-party vendors/contractors responsible.
- You understand, accept, and take full responsibility for the potential risks and hazards of consuming foods and beverages during the Tour.

### **Dietary Restrictions, Allergies and Medical Conditions**

- You are required to let us know of any (a) dietary restrictions, (b) allergies and (c) other medical conditions related to either walking or eating/drinking, at the time of booking a ticket for the Tour.
- While there is no guarantee of our being able to accommodate any dietary restrictions, we will do our level best to do so.
- In the case of dietary restrictions or allergies, it is imperative that you remind us of the allergy before consuming any food/beverage during the Tour, so that we can verify with the restaurant/food establishment regarding the ingredients.
- While we will do our level best to see that allergies that have been communicated to us are well taken care of, we cannot take any responsibility for any incidents resulting due to allergies caused to you as a result of food or beverage consumption from third party establishments during the Tour.
- In the case of any extreme allergies or medical conditions, we reserve the right to request you to not attend the Tour and we will only be able to do a partial refund.

### **Tour Participation**

- You understand and confirm that your participation in the Tours is completely voluntary.
- You have read and complied with the age restrictions on the Tour.
- You take responsibility for ensuring that you are mentally and physically capable of participating in the Tour.
- You agree to comply with the instructions in English of the tour guide.
- If in the opinion of the tour guide, your behaviour or physical condition is detrimental to the safety, welfare and well-being of the group as a whole, or if we consider that your general well-being will be put at risk by continuing with the Tour, you may be asked not to participate in the Tour without the right to any refund of the price.
- You fully comprehend and accept all of the risks associated with your participation in the Tours including, without limitation, injury or death resulting from exposure to unfavourable weather conditions, food sickness, allergic reactions, choking, and injuries arising from self-inflicted accidents or mishaps, other participants, motor vehicles, and pedestrians. You understand that the tours take place in public venues under conditions largely beyond our control.

### **Late Arrival Policy**

- Public Tours: Guests running late past the tour start time assume full responsibility for finding the group and joining the tour. The guide is not responsible for answering phone



calls after the tour start time, for coordinating with any latecomers, nor for providing missed information/food for guests who join after the tour has already started.

- Private Tours: For private groups running anywhere from 15 to 20 minutes late past the stated tour start time, the guide may shorten the route at his/her own discretion. The tour is automatically cancelled without any refund/rescheduling options if the group fails to show up after 30 minutes have passed since the tour start time. This policy applies regardless of whether the group has informed the guide of their running late or not.

#### **Tour Participant Conduct**

- At all times during the Tour, you are expected to have consideration for your fellow tour participants and other third parties.
- For the benefit of everyone, we reserve the right to remove any participant whose conduct is deemed to pose a risk or nuisance to others. We will not refund or cover any cost or expenses incurred due to unacceptable behaviour.

#### **Medical Treatment**

- You authorize Cape Town Culinary Tours Pty Ltd to provide to you, through medical personnel of its choice, customary medical assistance, transportation, and emergency medical services should they, in our opinion, be required at any time during your experience. This consent does not impose a duty upon the Company to provide such assistance, transportation, or services.

#### **Ticket Booking and Payment**

- Prices quoted are in South African RAND unless stated otherwise. Published prices include 15% South African VAT (Sales Tax).
- Every individual seeking to participate in our Tours is required to book a ticket using our online reservation system.
- In the case of an online reservation, the advance payment must be made at the time of booking via our online payment system. Only bookings with complete payments will receive confirmation and space in the desired Tour.
- To participate in our Tours, you must have an email confirmation from our team.

#### **Tour Price**

- The tour price does include the all Food and Beverages that the tour guide recommends and orders for the group at each food establishment throughout the tour unless stated otherwise (on the tour page) at the time of booking the tour.
- The tour price does not include any items (e.g. Food and Beverages, souvenirs, etc.) that the tour participant may choose to purchase beyond what is already provided by the tour guide. In such cases, the tour guide will either collect the extra payment from the tour participant or the participant may pay the third party vendor directly on the tour.

#### **Minimum Tour Attendance**

- Our public tours are subject to minimum bookings as stated on the tour page on our website. In the unfortunate event that we do not have the minimum tour group size, we may reach out for cancellation at least a day prior to the tour and refund any payments made towards booking the tickets.
- Our private tours are determined on a case-by-case basis and will be communicated to the guest at the time of booking a private tour.

#### **Cancellations/Rescheduling on Behalf of Tour Participant**

- Tickets/purchases for our scheduled tours may be exchanged or refunded up until 14 days prior to the experience date. Should you need to change or cancel your experience within

14 days of the experience, but at least 48 hours prior to the experience, a date exchange or voucher for future use will be offered. Tickets for experiences within 48 hours cannot be exchanged or refunded for any reason as our partners have already begin preparing your experience.

- For private tour bookings, change policies are as stated at the time of booking.

### **Cancellations on Behalf of Cape Town Culinary Tours Pty Ltd**

- We expressly reserve the right to cancel a Tour at any time, in the case of unforeseen circumstances, even though this situation is highly unlikely to arise.
- In a situation where we have cancelled the Tours at our end, we will fully refund all ticket bookings for that day OR reschedule the Tour to another date of your preference. You will have complete discretion in determining whether to obtain a refund or reschedule your Tour.

### **Tour Itinerary**

- The Tour may be customized by the tour guide(s) through the duration of the tour based on a number of factors, including participants' interest, seats available at a restaurant, participants' pace of walking, allergies/dietary restrictions of participant(s) on the Tour, and other such factors.
- We do not assume any responsibility for any sight, attraction, shop, food establishment or any such stop on the Tour route that may unexpectedly (a) be shut down or We do not assume any responsibility for any food establishment on the Tour route that may unexpectedly (a) be shut down or (b) have run out of a certain food or beverage item.

### **Transportation: Walking & Mobile Transport**

- You agree that you are able and willing to walk throughout the distance and duration listed on the website for that specific tour.
- You are responsible for your own safety while walking during the Tour. We will do everything in our capacity to follow a safe Tour route, but we do not claim responsibility for any illness, injuries, accidents, loss, damage or theft caused to you by a third party (either person or organization) during the Tour.
- On selected Tours, we may contract with an external vendor (organization or person) to provide transportation services during the Tour. We are unable to assume any liability for accidents, delays, injuries, loss or damage due to any act or default of such external vendors, engaged in transporting passengers.

### **Personal Belongings**

- You are wholly responsible for your own personal belongings throughout the Tour. We are unable to claim responsibility for any belonging that may have been lost or stolen from you by a third party during the Tour.

### **Release of Liability**

**To the maximum extent permitted by law, Cape Town Culinary Tours Pty Ltd accepts no responsibility for any damage, loss, accident, sickness, injury or death that you or anyone else may suffer or incur arising out of the Tours and/or in connection with your booking and tour with us. You are advised to have comprehensive travel and health insurance. All personal effects are at your sole risk at all times during the Tour. By purchasing the ticket(s), you and/or your companions affirm that you have all fully understood and agree to these Terms and Conditions.**



We look forward to doing hosting your guests.